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What does a papaya look like when it's ripe

How to tell if papaya ripe. How to identify a ripe papaya.

Access of HPIA members! English Chinese (simplified) English French English Japanese Spanish of Hana Larock updated November 27, 2018 Bananas (Musa) are a delicious fruit growing in the resistance areas of the USDA plant 5-11. Not only are they a large snack full of potassium, but they have a good flavor with many other foods such as peanut butter, ice cream and yogurt. You can also fry them and eat them with a little rice and beans. But if you are growing your bananas, it can be difficult to determine when those bananas are finally mature enough to be collected. Prematurely collected bananas that did not have time to mature do not taste very well; They can taste viscids and strange. Not only that, but they can be difficult to digest and so they would have been an unpleasant eaten experience. The bananas are available in all shapes, sizes and colors, from greenery, to yellow, and at the end, brown. This can make it a bit of puzzles to understand when bananas are ready to go. There are some key signals of maturity that the collectors should look for. The banana should be a light yellow, greenish color. Take one down from the beam, also called the bouquet or hand. If it's too difficult to peel, then they are not finished yet. When it's time to choose, you feel bananas. If it's soft and the peel feels thin, then it's a good time to collect them. Bananas can be collected when about 75% mature and continue to mature from the plant. Look for a hand-shaped package without pointed corners, which is pleasantly filled with fruits. If the rest of flowers on that bundle they rub easily, it's ready. Remember that it can be chosen when three quarters of the way they mature, you may have slightly different phases of bananas. Generally, home farmers collect bananas about a week to two weeks before they are completely accrued. It is better to choose bananas early rather than when they are too mature. The bananas require a warm climate to grow, and are quite sensitive to cooled temperatures. The whole process to mature a banana, especially a dwarf banana, can take about 70-100 days. However, a quick change of temperature can cause them to mature more slowly, faster or stop the growth of all. When you see that it is time to collect bananas, collect a sharp knife and carefully cut the "hands". If you bring these bananas at your home, it is advisable to cut some inches over each hand beam, so there is space on the stem to keep these fruits. A banana stem produces only fruit once in his life. So after harvesting, cut the tree about one foot from where you have collected and let it dry to allow new fruits to grow again. While on the tree, the process of maturation is not really go faster than nature means. Putting with their growth can take off the bananas too quickly, which would not be good. If you choose them before they are fully matured on the tree, you can easily mature them quickly in your home by storing them in a paper cardmicrowave or in a warm place. When bananas are ripe enough to be collected from the tree, and when they are ripe enough to be eaten, they are two completely different things. That said, bananas can be used in almost all phases, provided they were collected at the appropriate time. Asia is known for its exotic travel destinations. Visitors come from this side of the world to historic sites, beautiful beaches, inspiring architecture and town, food and many other activities. However, apart from the occasional fruit snacks served in some street markets, many tourists will not have really tasted all the Asian fruits that this continent offers. So, today we are sharing with you some fruit flavors you have to try when visiting or revisiting Asiatl 30 exotic fruits from Asia you have to try here you will find everything from banana and smelly Durian to wood apple and Yuzu! They are all exotic and only a few are well known in the west. Are you ready to discover these fruits? Then read this guide to the end. If I lost someone please let me know. In case you came here to look at something, I put them in alphabetical order. Asian fruits in Alphabetical Order - the Asian pearly pear grows mainly in East Asia. Its flowers are considered as a symbol of spring. In different countries, the Asian pear has different names: Japanese pear, Chinese pear or Korean pear. Asian pears are quite expensive and in the stores of die, you can always find them in a foam net while smoothing easily. What is the difference between an Asian pear and a regular pear? Asian pears look more like big yellow apples with rough skin. They have a plot more like apples, but at the same time, they are juicy as pears. They start with banana, not only because on top of the Asian fruit alphabet but because it is the most commonly eaten fruit in the world. Bananas can be found in every dimension from the tiny sweet variety from the thin skin from Salalah in Oman to the huge equally rigid shining varieties we found in the markets in Central America. You can also find pink and red bananas in India. Probably the most Popular Fruit In the world, the most common bananas around the world are all from the Cavendish variety alone. This variety is so dominant that experts fear the inevitable increase of some specific parasites and the impact that will cause the vast market of banana. When in Indonesia, try the banana pancakes made by Pisang Raja Banana Aka Musa Belle. Some varieties of bananas are like plantations and used only to cook â€ƒ "Do not try these raw unless you like the taste of raw potatoes! C â€ƒ" Cocomutâ NiComuts are another common fruit. They grow in palm trees, especially in tropical regions. The palms do not have branches and therefore the fruit grow in the upper parta tall trunk only under the branches, so it can be difficult to collect coconuts. These fruits are known for their different uses including traditional uses in Asian cuisine as well asCoconuts contain a sweet flavored liquid known as coconut water, especially when they are immature. Our girls learned and loved drinking coconut water when we were exploring Bangkok with children. At the moment coonuts reach western stores are usually brown and hairy when their delicious white hard meat is the main attraction. Often in their countries the coconuts are consumed much earlier, with the green shell still in place. In this initial phase of maturation, the meat is immature and are cut precisely so that the fluid inside can be drunk using a straw. Fresh coconut milk is a popular drink all over Southeast Asia - Date Another palm fruit, Dates grow in hanging bunches from the top of the palm trunk. The date palms are shorter, larger trees than the high coconut palms overlooking the tropical beaches. The dates come from south-western Asia, the area we know as the Middle East, where entire sections of supermarkets will be dedicated to different varieties. Here you can find the dates from various countries and to different stages of maturation from crispy pale fruit to the sweet types of sticky overripe that we normally see in the West. For the true connoisseur, you will also find them filled with almonds or covered with chocolate. Our favorite dates come from the small village Misfat to the AbriyeenSweet Omani Date from Misfat to the AbriyeenDates were and are so much a part of Arab culture as the Caribou was for the Eskimos. The Arab fortresses survived in the times of the Crusades have rooms dedicated to the pressing of the ripe fruit bag. The oil was collected, heated and poured boiling from the fights on the heads of any unhappy attackers. Stranger food in the worldD - Fruit of the dragon The Pitaya (Pithaya) or the fruit of the dragon is perhaps the most particular fruit that you ever see. Although the fruit of the dragon is mostly grown in Asia, it comes from South America. It grows on a cactus and blooms only at night. The fruit of the dragon has pink skin with green spicy fins. Inside, the white flesh of the dragonfruit is dotted with tiny black seeds. Like most Asian fruits of the southeast, more than 80% of the dragon fruit is water. This makes it an incredibly refreshing fruit, and it is considered a great fruit for people who want to stay fit. The fruit of the dragon contains natural betalain pigments that have a strong antioxidant effect, more vitamin C, vitamin B, vitamin A, calcium, iron and phosphorus. Vitamin A, present in pitaya, has a beneficial effect on the retina of the eyes. Due to the high fiber content, eating pitaya has a positive effect on the digestive system and digestive processes. It prevents constipation and food diarrhea, among other things. Pitaya also containsWhich have a probiotic effect-like, thanks to which they reinforce the intestinal flora and improve the digestive system. Eating dragon fruit has a beneficial effect in preventing the development of type 2 diabetes, obesity and greas fat Disease.Dragon fruits can cause allergic reactions, but this is mainly the case of people who are also allergic to other foods, mainly fruit and plants, and therefore people prone to allergies. Exact Asian fruit - Dragon Fruit!The taste is mild and sweet. It also has a slight aroma. It can be eaten alone or added to fruits or fruit salads. We often met the dragon fruit in the hotel buffets - especially in Cambodia to Siem Reap. I think it's used more for its decorative effect than its flavor, but you can judge it for yourself. Duriana, like the A â€ƒ, - "A "King of fruits" from many people in Southeast Asia, the Durian resembles Jackfruit in almost all including the spiny shell. It is large and possess a strong smell. The fruit It's great and reaches up to 3 kilos. His meat can be red or pale yellow, depending on the variety. Durian is the most smelly tropical fruit. The smell is so horrid that has made Zoe even more sick when We were traveling from Chiang Mai to Pai.Durian typically a sweet smell hut to some, it is overwhelming. Due to the persistence of this smell, the fruit was banned by many food establishments in Southeast Asia. And many elevators and corridors. The hotel in Malaysia have signs that prohibit the Durians. You can't take Durian with you to the airplane. Believing or not, in Asia you can buy flavored ice cream Durian A â€ƒ, - "are really disgusting. You can read about strange food in our other post.F - Figs!the Fig Fish is technically an edible flower. They grow on a small shrub tree with distinctive leaves that are known for their appearance in biblical paintings to cover the nudity of Adam and Eve in the garden of Eden.â€, the figures from the tropical markets are delicious to eat raw. They are soft and pink in the middle, sticky and sweet. Dried are also available that is the form that we usually receive them in west.dried figs, which are the treasure of bone strengthening calcium. They have almost a glass of milk! Moreover, they are also the best source of fibers of any dried fruit. They also contain potassium and magnesium of lowering potassium fighting stress. Figs are also known for their medicinal use as a slight laxative. A »We have figs that grow in our garden in Muscat, oman.g A â€ƒ, -" Goji Berry â€ƒ also known as Wolfberry, Goji's berry is originally from China. It is distinctly bright orange-red, egg egg. Of about 2 centimeters in diameter. The fruit can hold up to 60 tiny yellow seeds firmly attached to the nucleus. Goji berries are usually dried, cooked before eating and often complete a rice congee.. Goji berries and their health benefits have been used in natural medicine in natural medicine countries for over 2,500 years. They are used among others in the treatment of and the decrease in immunity. Goji's berries are called East Red Diamonds and belong to SuperFoods.G â€ƒ "Guava" These are rather common fruits cultivated in many tropical and subtropical subtropicalIncluding South Asia. Depending on the variety, the external skin can be rough and tasting bitter or soft and sweet taste. Depending on the variety, the meat inside can be reddish or pale white, sweet or sour. The seeds are edible but hard but sweet. Exotic Asian Fruit - Guava!Guava is usually eaten raw and can be cut into small pieces or ate like an apple. In some countries, the fruit is eaten with a pinch of salt or pepper. Cayenne powder or a mix of a variety of spices. In the west, Guava usually find mixed in fruit juices, so try the fruit itself while you are on your Asian journey A â€ƒ, - "JackFruitâ€ Jackfruit is the largest fruit based on trees in the world, with weighing up A 35 kilograms and 90 centimeters long and 50 centimeters wide. His skin is green, rough and hard. To eat a jackfruit, cut it into pieces (usually four quarters), and eats its yellow and soft meat. Despite the way in which it appears outside, the fruit is rather tasty and recognizable by its distinctive sweet fruity odor. The interior of the fruit smells like pineapple.jackfruit native for the Indian subcontinent and Southeast Asia. In Sri Lanka, We ate the stew made by Jackfruit. It was very tasty but heavy on stomach. Jackfruit in Asia is often used as a substitute for meat. The Jackfruit can be really huge - is the largest tropical Fruits A â€ƒ, - "kiwi!the Name Kiwi was an invention of M Newzalandians arketing in the late twentieth century that were the first cultivating the Chinese plug grapes commercially. They have been gathered in their native at that time. Find its place in this list because now at least at least 50% of the cultivation of the world is again from China. Kiwi are growing like grapes and are full of vitamin Ckiwis grow on final screws, which can be trained on tunnel-shaped frames that make fruit collection from inside the Easy tunnel.. The screws have large white flowers that make this cultivation not only productive but beautiful. The fruit is known for its strong soft green pulp tasting with small edible black seeds all contained in a slightly hairy colored khaki suede. What is not commonly known is that the skin is also edible, and should not be removed before wasting the fruit. A â€ƒ, - "kumquatâ€ kumquats are small fruits produced by the flourished plant of the rutaceae family and are originating in Southeast Asia in addition to areas of Asia's Pacific. Resembling oranges but a little smaller as a great olive. Kumquat can be eaten cooked, and thanks to its acid center, it is commonly used to make jams and jellies - Kumquat is a natural source of sugars, fibers and mineral salts. Like other citrus fruits, contains great doses of vitamin C. Therefore, Kumquat is recommended to strengthen the immunity and reduce the risk of infection.kumquat - to the central and South American mahogany tree, the fruit of langsat is round, oval or elliptic and resembles a few potatoes. Fruits usually grow in clusters like grapes. A single fruit canUp to 3 seeds covered with a white and often arullo. 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We ate a lot of mango when you visit Chiang Mai in Thailandiam - Mangosteen nothing like Mango, the mangosteen is a small fruit of dark-colored matt color containing several juicy white segments and one or larger seeds. Do not eat rinsed or seed, but that sweet sticky white meat is delicious. Mangosteen was one of our family favorites since we discovered them in Thailand when we visited Bangkok with children. The Mangosteen tree grows up to 25 meters high. This evergreen tree is mainly growing in Southeast Asia, as well as in India and other tropical areas, including Central America. The Purple Mangosteen A â€ƒ "one of our favorite exotic fruits of Asian A â€ƒ " Lemons Meyer LemonMeyer are native to China and is believed to be a cross between a lemon and a common orange or a mandarin. The fruit is yellow and round. Leather is thin and aromatic, and at maturity, the color turns into yellow with slight shades of rose. Although yellow as a regular lemon, Meyer's variety resembles a lime in shape and size. When it comes to flavor, it has more sweetness slightly acidic. N - NoniNoni comes from Asian countries (Japan, China, Taiwan, Malaysia, Indochina). Its fantastic properties have been discovered by the inhabitants of Polynesia, who have used it for centuries as a medicinal plant. s. Traditional Chinese medicine calls the root of Indian mulberry - Ba Ji Tian. They were mainly used to fight abdominal pain, menstruation, and also to fight insomnia. Although visually unappealing, noni compensates for this with a lot of health benefits. The noni juice helps to protect from the effects of the strokes, and has antioxidant, antibacterial and anti-inflammatory properties also. Indian ice cream contains many substances that are valuable to humans. Vitamins are mainly vitamin C and Niacin (vitamin B3). In addition, the fruits contain significant amounts of iron and potassium. However, the mulberry must its anti-cancer effect at a concentrated dose of a compound that is indicated as a dannaacantale. It inhibits chemical processes that transform a cell into a tumor cell. Asian exotic fruit - Noni FruitP - PapayaA type of berry. Papaya is a common fruit that grows from a plant similar to a tree of three to ten meters high, with spiral leaves arranged on top of the trunk. Papaya is soft when ripe with small black seeds in the center. Ripe orange papaya taste better with lime juice, when skin and seeds are removed. Unripe papaya is good for cooking, especially in stews and curry. Papaya is appreciated not only for its taste, but also for its medicinal properties. It owes them natural dose of sugars, fibers and mineral salts. Like other citrus fruits, contains great doses of vitamin C. 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